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(56) Documents Cited:
EP 2108262 A1 **WO 2020/135661 A1**
WO 2001/072134 A1 **ES 002721914 A1**
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(54) Title of the Invention: **Food product**
Abstract Title: **Confectionery comprising biscuit, honey caramel and chocolate components**

(57) A food product comprising: a biscuit component comprising a grain inclusion; a honey caramel component comprising 1-60 wt% soluble fiber; and a chocolate component comprising 1-30 wt% soluble fiber. The biscuit component may comprise 5-50 wt% grain inclusion, which may be oats, rolled oats, wheat, barley, or quinoa. The honey caramel component may comprise 10-60 wt% honey and 1-50 wt% soluble corn fibre or fructooligosaccharide, FOS, oligofructose or oligofructan. The honey caramel component may also comprise less than 50 wt% sugar syrup. The chocolate may comprise a low-sugar milk chocolate comprising less than 30 wt% added sugar; it may also comprise dextrin or inulin. The food product may be in the form of a composite bar comprising a biscuit layer and a honey caramel layer enrobed in chocolate. There may additionally be a barrier cream between the biscuit and honey caramel. Also claimed is a method of producing the food product. The invention provides a low-calorie confectionery alternative to typical confectioneries, which normally contain high levels of refined or added sugar and are therefore unsuitable for those who are overweight or suffer from diabetes.