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Pan et al.

- (54) PROBIOTIC COMPOSITION CONTAINING LACTOBACILLUS PARACASEI SUBSP. PARACASEI NTU 101 FOR AMELIORATING INTESTINAL FLORA AND REDUCING GASTRIC MUCOSAL LESION INDEX AND HISTAMINE CONCENTRATION IN GASTRIC MUCOSAL
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(51) Int. Cl.

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C12Q 1/68	(2006.01)
C12R 1/225	(2006.01)
A61K 35/00	(2006.01)

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* cited by examiner

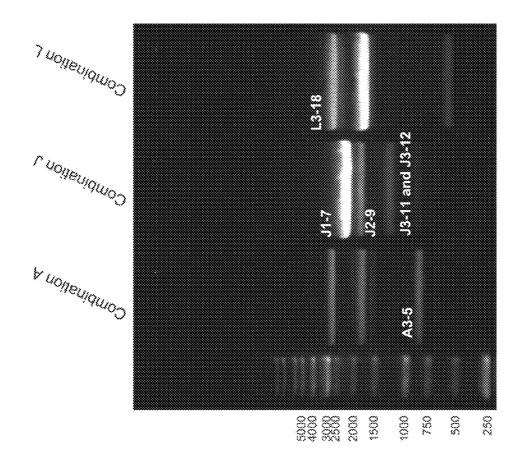
Primary Examiner — MD. Younus Meah

(57) **ABSTRACT**

The present invention relates to a lactobacillus mutant, a nucleotide sequence for lactobacillus mutant, and primers for nucleotide sequence of lactobacillus mutant. The lactobacillus mutant is Lactobacillus paracasei subsp. paracasei NTU 101 having the nucleotide sequence of SEQ ID NO 1, and deposited with Deutsche Sammlung von Mikroorganismen and Zellkulturen GmbH (DSMZ, Germany) on Nov. 18, 2013, wherein the accession number of Lactobacillus paracasei subsp. paracasei NTU 101 is DSM 28047. Moreover, a nucleotide sequence for NTU 101 and the primers for the nucleotide sequence are also proposed for facilitating the person skilled in Lactobacillus filed capable of carrying out the strain identification of the NTU 101 according to the present invention. Moreover, the person skilled in Lactobacillus filed can also rapidly complete the strain identification of the NTU 101 by using DNA molecular marker technology, without culturing any isolated Lactobacillus strain or live Lactobacillus bacteria.

6 Claims, 12 Drawing Sheets

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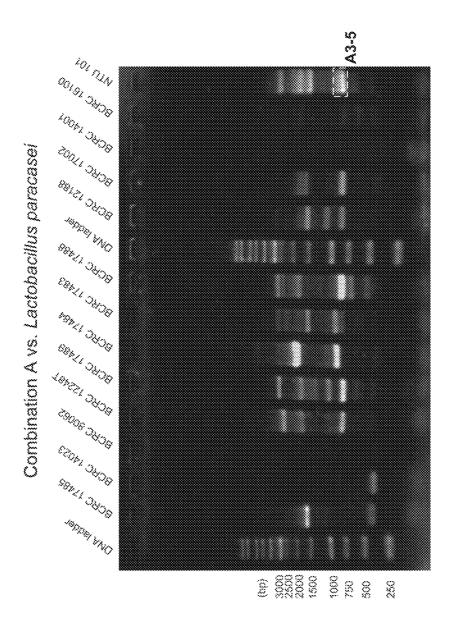


FIG. 2A

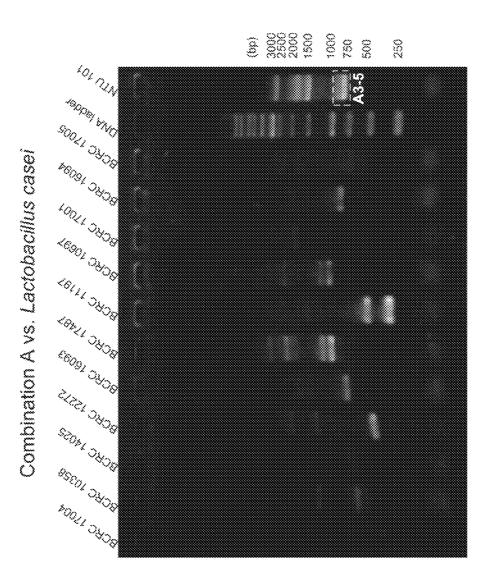
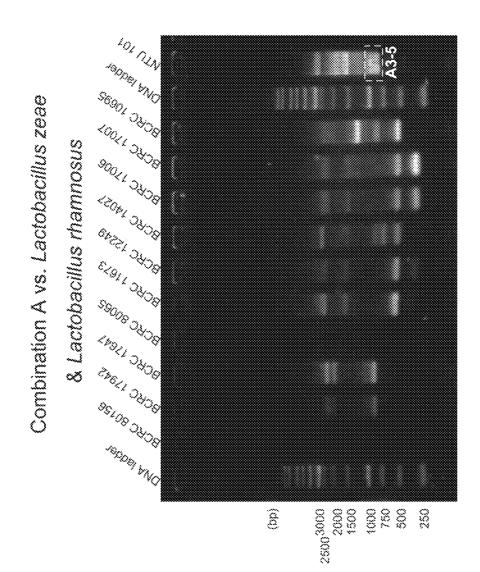


FIG. 2B

FIG. 2C



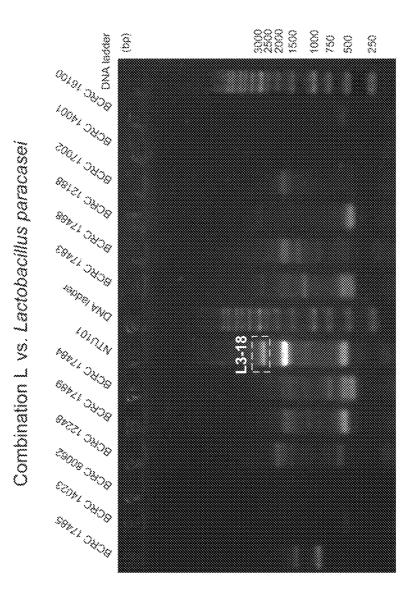


FIG. 3A

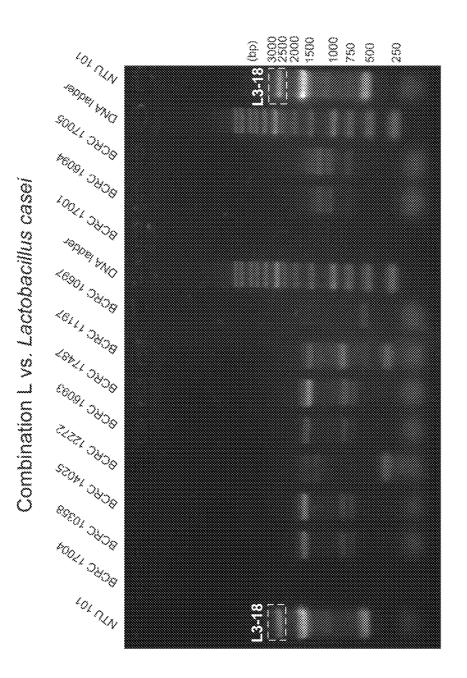


FIG. 3B

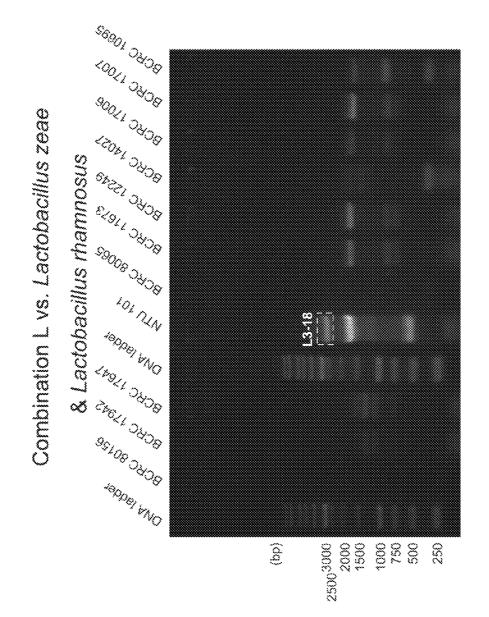


FIG. 3C

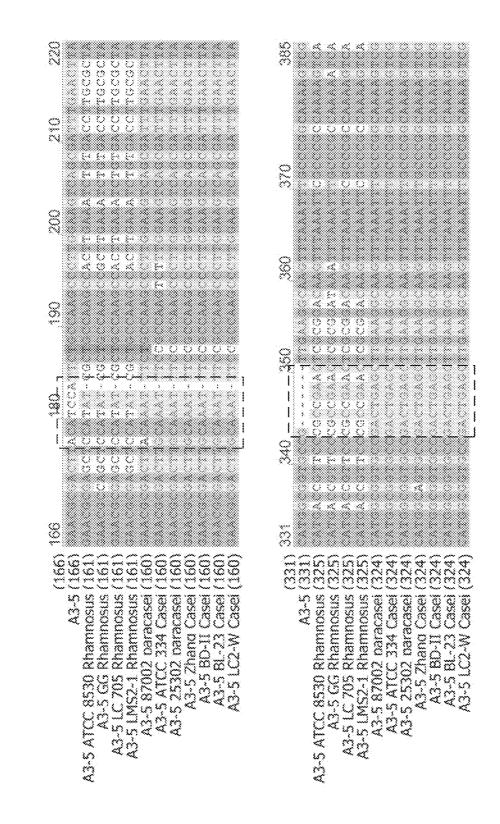


FIG. 4

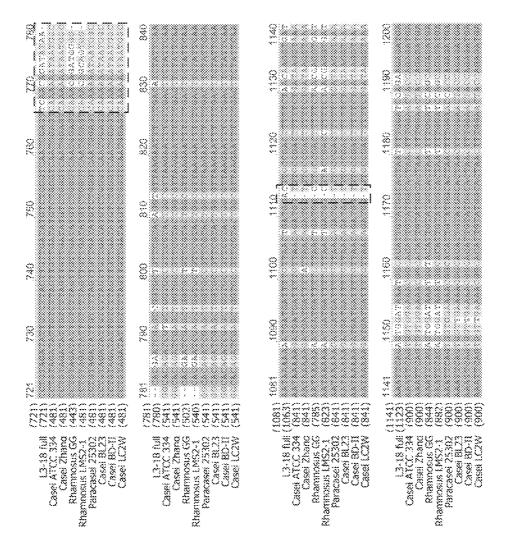


FIG. 5

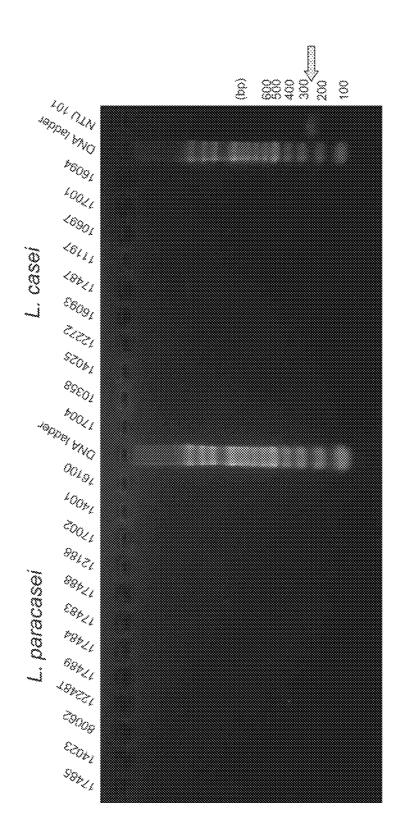
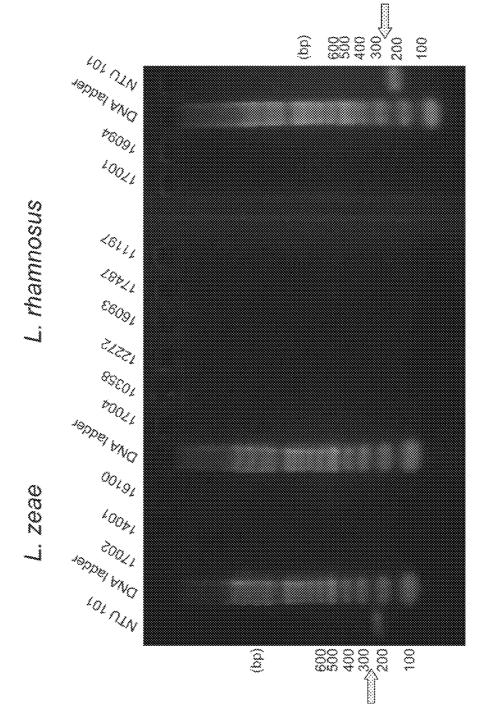


FIG. 6A





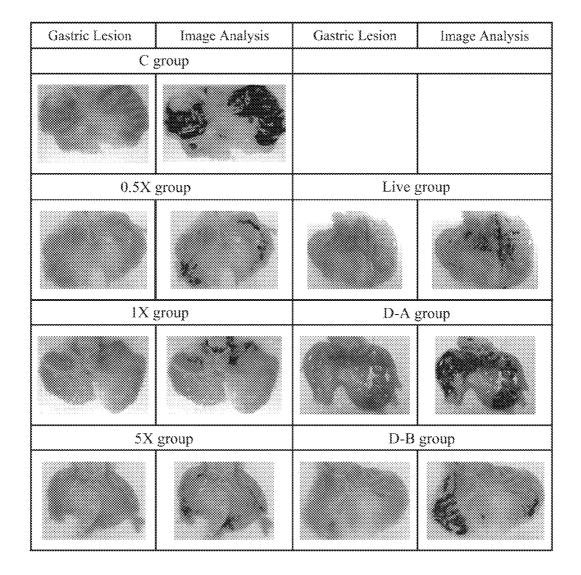


FIG. 7

PROBIOTIC COMPOSITION CONTAINING LACTOBACILLUS PARACASEI SUBSP. PARACASEI NTU 101 FOR AMELIORATING INTESTINAL FLORA AND REDUCING GASTRIC MUCOSAL LESION INDEX AND HISTAMINE CONCENTRATION IN GASTRIC MUCOSAL

SEQUENCE LISTING

The instant application contains a Sequence Listing which has been submitted in ASCII format via EFS-Web and is hereby incorporated by reference in its entirety. The ASCII copy is named sequence.txt and is 2,105 bytes in size.

BACKGROUND OF THE INVENTION

1. Field of the Invention

The present invention relates to a *lactobacillus* mutant, and more particularly to a *Lactobacillus paracasei* subsp. *paracasei* NTU 101, a nucleotide sequence for *Lactobacillus* NTU 101 and primers for nucleotide sequence of *Lactobacillus*²⁰ NTU 101.

2. Description of the Prior Art

Lactate bacteria is one kind of bacteria able to metabolize carbohydrate and then produce over 50% lactic acid; for example, *Lactobacillus, Streptococcus* and *Leuconostoc.*²⁵ Because the fermented milk products are traditional and historical drinks for human, the lactate bacteria is regarded as a safe bacteria and a representative intestinal probiotics. Moreover, the lactate bacteria is one of the important probiotics, which is able to enhance the quality of intestinal flora through ₃₀ the following ways:

- (1) producing organic acids and reducing intestinal pH value;
- (2) absorbing nutrients by way of competing with pernicious bacteria;
- (3) adhering to intestinal epithelium for reducing the growth ₃₅ sites of pernicious bacteria; and

(4) producing antibiotic substances.

Nowadays, a variety of fermented milk products have been proven their ability of increasing the intestinal probiotics after the related human experimentation is completed. Lactobacil*lus paracasei* subsp. *paracasei* NTU 101 is an excellent local Lactobacillus strain, and which is studied and developed by Tzu-Ming PAN, the graduate chair of Institute of Microbiology and Biochemistry of National Taiwan University, and the R&D team thereof. Besides, currently, the health-care characteristics of improving the quality of intestinal flora, 45 decreasing the blood pressure, the hyperlipidemia and the cholesterol, and anti-allergy of the Lactobacillus paracasei subsp. paracasei NTU 101 as well as the its related fermented products have been proven, and the L. paracasei subsp. paracasei NTU 101 is successful to be commercialized. However, 50 in spite of that, the strain (mutant) identification and the DNA molecular marker of the L. paracasei subsp. paracasei NTU 101 does still not be carried out, wherein the DNA molecular marker technology is usually used for identifying the DNA sequence or the RAPD genetic variation map. 55

Accordingly, in view of the specific DNA sequence, the specific RAPD genetic variation map, and the DNA molecular marker of the *L. paracasei* subsp. *paracasei* NTU 101 still does not be finished, the inventor of the present application has made great efforts to make inventive research thereon and eventually provided a *Lactobacillus* mutant, a nucleotide sequence for *Lactobacillus* mutant and primers for nucleotide sequence of *Lactobacillus* mutant.

SUMMARY OF THE INVENTION

The primary objective of the present invention is to provide a *Lactobacillus paracasei* subsp. *paracasei* NTU 101, a nucleotide sequence for *Lactobacillus* NTU 101 and primers for nucleotide sequence of *Lactobacillus* NTU 101, therefore the person skilled in *Lactobacillus* filed is able to carried out the strain (mutant) identification of the *Lactobacillus para*-

casei subsp. *paracasei* NTU 101 according to the present invention. Moreover, the person skilled in *Lactobacillus* filed can also rapidly complete the strain (mutant) identification of the *Lactobacillus* NTU 101 by using DNA molecular marker technology, without culturing any isolated *Lactobacillus* strain or live *Lactobacillus* bacteria.

Accordingly, to achieve the primary objective of the present invention, the inventor of the present invention provides a Lactobacillus mutant, which is Lactobacillus paracasei subsp. paracasei NTU 101 having a nucleotide 15 sequence of SEQ ID NO 1, and deposited with Deutsche Sammlung von Mikroorganismen and Zellkulturen GmbH (DSMZ, Inhoffenstr. 7B, D-38124 Braunschweig, Germany) in Nov. 18, 2013, wherein the accession number of the Lactobacillus paracasei subsp. paracasei NTU 101 is DSM 28047. Moreover, the nucleotide sequence of the Lactobacillus paracasei subsp. paracasei NTU 101 can be formed by treating the RAPD (Random Amplification of Polymorphic DNA) and the PCR (Polymerase Chain Reaction) process to a plurality of specific primers, wherein the specific primers comprising a first nucleotide sequence of SEQ ID NO 2 and a second nucleotide sequence of SEQ ID NO 3.

BRIEF DESCRIPTION OF THE DRAWINGS

The invention as well as a preferred mode of use and advantages thereof will be best understood by referring to the following detailed description of an illustrative embodiment in conjunction with the accompanying drawings, wherein:

FIG. **1** is an image diagram of a RAPD genetic variation map of the primer compounds of A, J and L;

FIGS. **2**Å, **2**B and **2**Č are shown comparing RAPD genetic variation maps of the primer compound A and *Lactobacillus casei* group;

FIGS. **3**A, **3**B and **3**C, are shown comparing RAPD genetic variation maps of the primer compound L and the *Lactobacillus casei* group;

FIG. **4** is a comparing RAPD genetic variation map of A3-5;

FIG. **5** is a comparing RAPD genetic variation map of L3-18;

FIG. **6**A and FIG. **6**B are specificity test diagrams of the RAPD genetic variation map of A3-5; and

FIG. 7 shows gastric wall images.

DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

To more clearly describe a *Lactobacillus* Mutant, Nucleotide Sequences for the *Lactobacillus* Mutant and Primers for the Nucleotide Sequence of the *Lactobacillus* Mutant according to the present invention, embodiments of the present invention will be described in detail with reference to the attached drawings hereinafter.

NTU 101 *Lactobacillus* mutant is an excellent local *lactobacillus* strain, and which is studied and developed by Tzu-Ming PAN, the graduate chair of Institute of Microbiology and Biochemistry of National Taiwan University, and the R&D team thereof. In the present invention, the *Lactobacillus paracasei* subsp. *paracasei* NTU 101 having a specific nucleotide sequence of SEQ ID NO 1 was deposited with Deutsche Sammlung von Mikroorganismen and Zellkulturen GmbH (DSMZ, Inhoffenstr. 7B, D-38124 Braunschweig, Germany) on Nov. 13, 2009, and was given accession number DSM 28047

The Lactobacillus paracasei subsp. paracasei NTU 101 includes the characteristics of: gram-positive, lacking catalase, having the ability of curding, acid resistance ability, alkaline resistance ability, bile salt resistance ability, facultative heterogeneous fermentation, producing L(+)-lactate, 5 having excellent ability of immune regulation. The basic culture medium for Lactobacillus paracasei subsp. paracasei NTU 101 is MRS medium, wherein the best culture temperature is 30° C., the best culture time is 24 hours, the best culture pH value is 6.5, the best culture pressure is 1 atm; moreover, 10 the Lactobacillus paracasei subsp. paracasei NTU 101 needs microaerophilic growth.

Moreover, please refer to following table 1, which records and lists the amount of lactic acid produced by the Lactobacillus paracasei subsp. paracasei NTU 101 cultured in an 15 identical culture medium containing different carbon sources, wherein the carbon sources are Glucose, Galactose, D-ribose, Xylose, Fructose, α-Lactose, Maltose, Sucrose, Trehalose, Raffinose, myo-Inositol, Sorbitol, D-mannitol, Citric acid, Dextrin, Starch, and Molasses, respectively.

TABLE 1

Carbon source	viable count (Log CFU/mL)	pH value	Production amount of lactic acid (g/L)	2
Glucose	9.43	3.73	17.48	
Galactose	9.33	3.70	11.33	
D-ribose	9.54	4.07	7.25	
Xylose	8.94	6.37	0.40	
Fructose	8.20	3.75	14.00	3
α-Lactose	9.26	3.87	11.64	5
Maltose	9.45	4.16	8.55	
Sucrose	9.01	3.78	13.90	
Trehalose	9.04	3.79	13.26	
Raffinose	8.78	5.23	1.80	
myo-Inositol	8.89	6.48	0.41	-
Sorbitol	9.65	4.15	7.49	3
D-mannitol	9.44	3.81	16.21	
Citric acid	7.05	6.41	0.28	
Dextrin	9.38	5.35	0.86	
Strach	9.24	5.82	0.30	
Molasses	9.70	4.50	6.02	
				. 4

Besides, please refer to following table 2, which records and lists the amount of lactic acid produced by the Lactobacillus paracasei subsp. paracasei NTU 101 cultured in an identical culture medium containing different nitrogen 45 sources, wherein the nitrogen sources are Yeast extract, Beef extract, Peptone, Soytone, Tryptose, Corn-steep liquor, Casein, Urea, Ammonium citrate, and Ammonium sulfate, respectively. Therefore, through the listed data of the tables 1 and 2, the lactate-producing ability of the Lactobacillus paracasei subsp. paracasei NTU 101 of the present invention has 50 been proven.

TABLE 2

Nitrogen source	viable count (Log CFU/mL)	pH value	Production amount of lactic acid (g/L)	5:
Yeast extract	8.14	3.54	8.29	•
Beef extract	8.89	4.22	2.74	
Peptone	8.95	3.74	5.91	
Soytone	8.30	3.90	5.82	60
Tryptose	8.84	3.87	4.45	
Corn-steep liquor	9.14	4.14	4.11	
Casein	8.27	4.68	1.77	
Urea	6.89	5.96	0.02	
Ammonium citrate	7.09	6.04	0.08	65

4

TABLE	2-continued

		minaea	
Nitrogen source	viable count (Log CFU/mL)	pH value	Production amount of lactic acid (g/L)
Ammonium sulfate	6.69	5.84	0.07

Next, in order to identify the nucleotide sequence of the Lactobacillus paracasei subsp. paracasei NTU 101, 20 random primers are purchased from MDBio, Inc., located in Taipei of ROC, and the related information of the 20 random primers are listed in following table 3. Therefore, the 20 random primers are re-dissolved to 100 µM by using a sterile water, and stored in a 20° C. environment. In which, 20 random primers of B01, B02, B03, B04, B05, B06, B07, B08, B09, B10, D11, D12, D13, D14, D15, D16, D17, D18, D19, D20 are respectively identified as SEQ ID NO 7, SEQ ID NO 8, SEQ ID NO 9, SEQ ID NO 10, SEQ ID NO 11, SEQ ID NO 12, SEQ ID NO 13, SEQ ID NO 14, SEQ ID NO 15, SEQ ID NO 16, SEQ ID NO 17, SEQ ID NO 18, SEQ ID NO 19, SEQ ID NO 20, SEQ ID NO 21, SEQ ID NO 22, SEQ ID NO 23, SEQ ID NO 24, SEQ ID NO 25, and SEQ ID NO 26.

TABLE	3
Primer ID	Primer Sequence (5'→3')
B01	GTTTCGCTCC
B02	TGATCCCTGG
B03	CATCCCCCTG
B04	GGACTGGAGT
B05	TGCGCCCTTC
B06	TGCTCTGCCC
B07	GGTGACGCAG
B08	GTCCACACGG
B09	TGGGGGACTC
B10	CTGCTGGGAC
Dll	AGCGCCATTG
D12	CACCGTATCC
D13	GGGGTGACGA
D14	CTTCCCCAAG
D15	CATCCGTGCT
D16	AGGGCGTAAG
D17	TTTCCCACGG
D18	GAGAGCCAAC
D19	CTGGGGACTT
D20	ACCCGGTCAC

Continuously, please refer to following table 4, which recorded and listed 16 primer compounds, wherein the 16 primer compounds are prepared by mixing the 20 random ⁶⁵ primers, and each of the 16 primer compounds have a final concentration of 1 µM. Furthermore, the 16 primer compounds would be amplified to form a probable nucleotide

sequence of the *Lactobacillus paracasei* subsp. *paracasei* NTU 101 by way of being treated the RAPD (Random Amplification of Polymorphic DNA) and the PCR (Polymerase Chain Reaction) process.

TABLE 4

primer compound	primers	
А	B01, B02, D11, and D12	10
В	B03, B04, D13, and D14	
С	B05, B06, D15, andD16	
D	B07, B08, D17, and D18	
Е	B09, B10, D19, and D20	
F	B07, B08, B09, and D10	
G	D11, D12, D13, and D14	15
Н	D15, D16, D17, and D18	
Ι	B01, B02, D13, and D14	
J	B03, B04, D15, and D16	
K	B05, B06, D17, and D18	
L	B08, B09, D19, and D20	
М	B05, B06, D11, and D20	20
N	B03, B04, D11, and D20	
0	B07, B08, D11, and D20	
P	B09, B10, D11, and D20	

After the 16 primer compounds are prepared, the 16 primer ²⁵ compounds are next treated with a polymerase chain reaction (PCR) process. The polymerase chain reaction cocktail contains 3 ng DNA, 80 nM primers, a 1× Exsel reaction buffer, 5U Exsel DNA polymerase (Bertec Enterprise, Taipei, Taiwan), and 200 M dNTPs. The reaction conditions of the PCR is as described: 95° C. (5 min) for heating; 95° C. (30 sec) for heating; 25° C. (3 min) for adhesion and 70° C. (3 min) for extension.

Moreover, after completing the PCR process, it is able to 35 execute the electrophoresis analysis for the PCR products by using 1% agarose gel. Next, the agarose gels of the PCR products are dved for 30 min by using the dving agent of SYBR Safe (Life Technologies Corporation). Eventually, after 20 min destain, the dyed agarose gels of the PCR prod-40 ucts are disposed into a blue light (488 nm) box for observing and taking image picture by using an image process system. Furthermore, the dyed agarose gels are divided to a plurality of segments by using FavorPrep[™] Gel/PCR Purification Kit (Favorgen biotech Corp), and then the cloning of the agarose 45 gel segments are finished by using T&ATM Cloning Kit (Yeastern Biotech Co., Ltd., Taipei, Taiwan). Finally, the specific nucleotide sequence of the Lactobacillus paracasei subsp. paracasei NTU 101 is identified.

Please refer to FIG. 1, there is shown an image diagram of 50 a RAPD genetic variation map of the primer compounds of A, J and L. In the 16 primer compounds listed in above table 4, as shown in FIG. 1, there are only the primer compounds of J and especially A and L can be amplified and form the RAPD genetic variation map revealing the specificity of Lactobacil- 55 lus paracasei subsp. paracasei NTU 101. Next, in order to further confirm the specificity of Lactobacillus paracasei subsp. paracasei NTU 101, as shown in following table 5, there is a Lactobacillus casei group having the genetic relationship to the L. paracasei subsp. paracasei, and the Lacto- 60 bacillus casei group including 12 L. paracasei, 10 L. casei, 7 L. rhamnosus, and 3 L. zeae. The Lactobacillus strains listed in table 5 are used for PCR specificity test. These strains are not directly related to the strains used in FIG. 4 and FIG. 5 except L. paracasei BCRC 12248T (=L. paracasei subsp. 65 paracasei ATCC 25302) and L. paracasei subsp. paracasei BCRC 17002 (=L. casei ATCC 334).

6 TABLE 5

Microorganism ID/BCRC	
Lactobacillus casei BCRC 10358	
Lactobacillus casei BCRC 10697T	
Lactobacillus casei BCRC 11197	
Lactobacillus casei BCRC 12272	
Lactobacillus casei BCRC 14025	
Lactobacillus casei BCRC 16093	
Lactobacillus casei BCRC 16094	
Lactobacillus casei BCRC 17001	
Lactobacillus casei BCRC 17004	
Lactobacillus casei BCRC 17487	
Lactobacillus paracasei BCRC 12188	
subsp. <i>paracasei</i>	
Lactobacillus paracasei BCRC 12248T	
subsp. <i>paracasei</i>	
Lactobacillus paracasei BCRC 14001	
subsp. <i>paracasei</i>	
Lactobacillus paracasei BCRC 14023	
subsp. paracasei	
Lactobacillus paracasei BCRC 16100	
subsp. paracasei	
Lactobacillus paracasei BCRC 17002	
subsp. <i>paracasei</i>	
Lactobacillus paracasei BCRC 17483	
subsp. paracasei	
Lactobacillus paracasei BCRC 17484	
subsp. <i>paracasei</i>	
Lactobacillus paracasei BCRC 17485	
subsp. tolerans	
Lactobacillus paracasei BCRC 17488	
subsp. <i>paracasei</i>	
Lactobacillus paracasei BCRC 17489	
subsp. <i>paracasei</i>	
Lactobacillus paracasei BCRC 80062 Lactobacillus zeae BCRC 17647T	
Lactobacillus zeae BCRC 176471 Lactobacillus zeae BCRC 17942T	
Lactobacillus zeae BCRC 80156	
Lactobacillus rhamnosus BCRC 10940T	
Lactobacillus rhannosus BCRC 11673	
Lactobacillus rhamnosus BCRC 11075 Lactobacillus rhamnosus BCRC 12249	
Lactobacillus rhamnosus BCRC 12249 Lactobacillus rhamnosus BCRC 14027	
Lactobacillus rhamnosus BCRC 14027 Lactobacillus rhamnosus BCRC 16095	
Lactobacillus rhamnosus BCRC 17006	
Lactobacillus rhamnosus BCRC 17006 Lactobacillus rhamnosus BCRC 17007	
Lactobacillus rhamnosus BCRC 17007 Lactobacillus rhamnosus BCRC 80065	
Laciobaculus manniosus DCRC 80005	

Please refer to FIGS. 2A, 2B and 2C, there are shown comparing RAPD genetic variation maps of the primer compound A and the Lactobacillus casei group. As shown in FIG. 2A, obviously, there has a large sequence difference between the (nucleotide) sequence of the RAPD genetic variation map of primer compound A and the sequence of the RAPD genetic variation map of the Lactobacillus paracasei. Besides, as shown in FIG. 2B, apparently, there has a large sequence difference between the (nucleotide) sequence of the RAPD genetic variation map of primer compound A and the sequence of the RAPD genetic variation map of the Lactobacillus casei. Moreover, as shown in FIG. 2C, distinctly, there has a large sequence difference between the (nucleotide) sequence of the RAPD genetic variation map of primer compound A and the sequence of the RAPD genetic variation map of the Lactobacillus zeae and the Lactobacillus rhamnosus. The distinctiveness of the RAPD genetic variation map of primer compound A is came from the primers B02 and D11, and this distinctive primer compound A is further marked as A3-5. Through the Sequence Listing, it is able to know that the nucleotide sequence of A3-5 is identified as SEQ ID NO 1 and includes the sequence length of 838 bp; besides, the nucleotide sequence of primer B02 is identified as SEQ ID NO 2 and includes the sequence length of 10 bp; moreover, the nucleotide sequence of primer D11 is identified as SEQ ID NO 3 and includes the sequence length of 10 bp.

Continuously, please refer to FIGS. 3A, 3B and 3C, there are shown comparing RAPD genetic variation maps of the

primer compound L and the Lactobacillus casei group. As shown in FIG. 3A, obviously, there has a large sequence difference between the (nucleotide) sequence of the RAPD genetic variation map of primer compound L and the sequence of the RAPD genetic variation map of the Lactoba- 5 cillus paracasei. Besides, as shown in FIG. 3B, apparently, there has a large sequence difference between the (nucleotide) sequence of the RAPD genetic variation map of primer compound L and the sequence of the RAPD genetic variation map of the Lactobacillus casei. Moreover, as shown in FIG.

3C, distinctly, there has a large sequence difference between the (nucleotide) sequence of the RAPD genetic variation map of primer compound L and the sequence of the RAPD genetic variation map of the Lactobacillus zeae and the Lactobacillus rhamnosus. The distinctiveness of the RAPD genetic variation map of primer compound L is came from the primers B09 and D19, and this distinctive primer compound L is further marked as L3-18. According to following table 6, the nucleotide sequence of L3-18 includes the sequence length of 2477 bp, and is identified as SEQ ID NO 6.

TABLE 6

ID of primer compound	Sequence Length (bp)	Sequence
L3-18	2477	ctggggacttcatgcgggagatacaatgacaaccgatattccgactg
		tttcactttagccggaaatatatcttttgatattaaagatgagtctg
		tgaggtaattggatctgctgttgcttcgaaagatactagaaagatag
		cattactttttcacagcacggagcagacctctcaaacacagggaaaa
		tgacggggccttctcaatttttttacattgggatgttgaacaggttt
		tcgagttgtgggcgtaagaataattgcactgtcagtggtcaaaagtt
		acttgagaggggggtaaaaatgtgacgaggatgacagctaaagtggc
		agaactgggcatttgttcgcggtcttattgattttgatgagtatgtt
		acaggcttagtgacaagtggcagttcagttgtgacagccactgctaa
		attcgcccaacctataaaaccaatgctaatggtacctatccagaaaa
		tcgtggcaggtcacgggacaacaaaatgtgatcaatcaacgcggcgg
		gatcaagtttcagggtgggataacaatacaacatgggatggtgatg
		actaataccacgaattettacctgaaatttggtgaccccaataatco
		gattatcagattcgaaaatatgctaaagagacgaatacccccggatt
		tacgacgtttatttgaacgtcaaaggcaatacacagcaaaatgtgaa
		cctgtagatattgtcttagttgttgatatgtctgggtcaatggagtt
		aacagatataacacgaatcgagccggtgctgttcgtacaggtgttaa
		aatttettgacatetatteaaaaegeeggtetgggtaattaegteaa
		gttggtttaattgggttttctagtcctggttatatcggtggcgaatc
		ggttatattagtgtcaaattaggcaaagcaggtaatgccagcca
		caagcgattaatggtgcattgaatccaaggtttcaagggggtacgta
		acgcagattggtttgcggcaaggatcagccatgctgaatgcggacac
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		gaacaatcaggcaaaggatattatcaaaaattttaatactgtcacc

TABLE 6-continued

The marked	1	
ID of	Sequence	ż
primer	Length	
compound	(bp)	Sequence
		tqqcacqatcaca
		eggeaegaeeaee

tggcacgatcacagacccgattggtacgcaatttcaatatgcaaacaa
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gagtgttattaatggccagcagactttgaatcctgttggtgataagtc
agatgattttacggtgaccgggtagatct

Through above-presented experiment results of PCR and RAPD, it is able to initially know that the A3-5 and L3-18 may include the unique sequence fragments of the Lactobacillus paracasei subsp. paracasei NTU 101. Therefore, in 45 order to further confirm whether the A3-5 and L3-18 does include the unique sequence fragments, the homologous DNA sequence data from Genbank are used to make a sequence comparison with the A3-5 and L3-18. Please refer to FIG. 4 and FIG. 5, there are shown comparing RAPD 50 genetic variation maps of the A3-5 and L3-18. After comparing with the homologous DNA sequence, the rectangle dashed line encloses a unique sequence fragment of A3-5 in FIG. 4, and this unique sequence fragment in A3-5 can be used for carrying out the strain (mutant) identification of the 55 NTU 101 by using the DNA molecular marker technology. Moreover, the rectangle dashed line also encloses a unique sequence fragment of L3-18 in FIG. 5, and this unique sequence fragment in L3-18 can also be used for carrying out the strain (mutant) identification of the NTU 101 by using the 60 DNA molecular marker technology. FIG. 4 and FIG. 5 are generated by NCBI BLAST search of A3-5 and L3-18 sequences against complete genome sequences of Lactobacillus casei group species. The genome sequences used in FIG. 4 and FIG. 5 includes Lactobacillus casei ATCC 334 (GenBank accession/version no. NC_008526.1), L. casei str. 65 Zhang (accession/version no. NZ CP001084.1), L. casei BDII (accession/version no. NC_017474.1), L. casei LC2W

(accession/version no. NC_017473.1), *L. paracasei* subsp. *paracasei* 87002 (accession/version no. NC_002112.1), *L. paracasei* subsp. *paracasei* 25302 (accession/version no. NZ_ACGY00000000.1), *L. rhamnosus* GG (accession/version no. NC_013198.1), *L. rhamnosus* LMS2-1 (accession/version no. NC_013198.1), *L. rhamnosus* LMS2-1 (accession/version no. NZ_ACIZ00000000.1), *L. rhamnosus* ATCC8530 (accession/version no. NC_017491.1) and *L. rhamnosus* LC 705 (accession no. NC_013199.1). The alignments of A3-5 and L3-18 RAPD marker which derived from PCR amplification of *L. paracasei* subsp. *paracasei* NTU 101 genome showed that both RAPD markers contains unique DNA sequence that distinguish itself to the conserved counterpart of other *Lactobacillus casei* group species (in silico).

Because both the A3-5 and L3-18 include the unique sequence fragment for identifying the NTU 101, it needs to further check the specificity of the DNA molecular marker of the A3-5 and L3-18. As shown in following table 7, which records and lists a plurality of primers for checking the specificity of the DNA molecular marker of the A3-5 and L3-18. In which, primers 18FF, 18FR, L3-18F, L3-18R, L3-18F2, L3-18R2, L3-18F3, A3-5F, A3-5R4, A3-5F2, A3-5F2, A3-5F6, A3-5F6, and A3-5F7 are respectively identified as SEQ ID NO 27, SEQ ID NO 28, SEQ ID NO 29, SEQ ID NO 30, SEQ ID NO 31, SEQ ID NO 32, SEQ ID NO 37, SEQ ID NO 34, SEQ ID NO 35, SEQ ID NO 36, SEQ ID NO 37, SEQ ID NO

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38, SEQ ID NO 39, SEQ ID NO 40, SEQ ID NO 41, SEQ ID NO 42, SEQ ID NO 43, SEQ ID NO 44, SEQ ID NO 45.

Target	Primer ID	Sequence (5'→3')
L3-18	18FF	ATGCGGGAGATACAATGACAACCG
	18FR	CCCGTCAATTTTCCCTGTGTTTGA
	L3-18F	GAAAATTGACGGGGCCTTCTCA
	L3-18R	ACTGACAGTGCAATTATTCTTACGCCC
	L3-18F2	AAAACCAATGCTAATGGTACCTATCCAG
	L3-18R2	GGGGTCACCAAATTTCAGGTAAGAAT
	L3-18F3	GTCTGGGTCAATGGAGTTCAACAGATATA
A3-5	A3-5F	GGCATGGCGGTGCCGTTGAA
	A3 - 5R	ATCCCCGAATGGTGCCAGCA
	A3-5F2	GCCGAACGCGACTTACATCCA
	A3 - 5R2	GGCAATTTAAACTTGCCTTCAACGG
	A3-5F3	CGCCGAACGCGACTTACATC
	A3 - 5R3	GGCAAATTTAAACTTGCCTTCAACG
	A3-5F4	GCGACTTACATCCATTCTGCCAAG
	A3-5R4	GAAATTTAAACTTGCCTTCAACGGCA
	A3-5F5	GCCGAACGCGACTTAGATCCATT
	A3-5R6	TAAACTTGCCTTCAACGGCACCG
	A3-5F6	GCCGAACGCGACTTACAGCCA
	A3-5R7	TTTAAACTTGCCTTCAACGGCAC

TABLE 7

25 Please refer to FIG. 6A and FIG. 6B, there are shown specificity test diagram of the RAPD genetic variation map of A3-5. As shown in FIG. 6A and FIG. 6B, after completing the specificity test by using the primers listed in table 7, it is able to find that the A3-5 (F3/R3) indeed includes the specificity of NTU 101, so that the nucleotide sequence of the A3-5 can be used for carrying out the strain (mutant) specificity of the Lactobacillus paracasei subsp. paracasei NTU 101 proposed by the present invention. Moreover, as shown in Sequence Listing, the primer compound A3-5F3 is identified as SEQ ID 35 NO 4 and includes the sequence length of 20 bp; besides, the primer compound A3-5R3 is identified as SEQ ID NO 5 and includes the sequence length of 25 bp.

Thus, through the descriptions, the lactobacillus mutant of Lactobacillus paracasei subsp. paracasei NTU 101, the nucleotide sequence for NTU 101, and the primers for nucleotide sequence of NTU 101 of the present invention has been completely introduced and disclosed; in summary, the present invention has the following advantages:

In the present invention, the nucleotide sequence for Lactobacillus NTU 101 and the primers for the nucleotide 45 sequence are proposed in order to facilitate the person skilled in Lactobacillus filed capable of carrying out the strain (mutant) identification of the Lactobacillus NTU 101 according to the present invention. Moreover, the person skilled in Lactobacillus filed can also rapidly complete the strain (mutant) 50 identification of the Lactobacillus NTU 101 by using DNA molecular marker technology, without culturing any isolated Lactobacillus strain or live Lactobacillus bacteria.

Next, following paragraphs will introduce the health applications of the Lactobacillus paracasei subsp. paracasei NTU 101. The Lactobacillus paracasei subsp. paracasei NTU 101 can be further made into a pure lactobacillus powder or a complex lactobacillus powder, and an specific intake dosage of the pure lactobacillus powder or the complex lactobacillus powder for an adult user used to reduce gastric mucosal lesion area and lesion index as well as histamine concentration in gastric mucosal is at least 4 g. In order to prove the aforesaid health functionalities of the pure lactobacillus powder or the complex lactobacillus powder made from the Lactobacillus paracasei subsp. paracasei NTU 101, a variety of experiments have been carried out.

8-week old SD (Sprague-Dawley) rats with the weight of 250 g-275 g are chosen to be the experimental animals. These

SD rats are divided into Control (C) group, 0.5-fold (0.5×) group, 1-fold $(1\times)$ group, 5-fold $(5\times)$ group, live bacteria (Live) group, dead bacteria A (D-A) group, and dead bacteria B (D-B) group, wherein each of the divided groups consist of 8 SD rats. By using the BSA (Body Surface Area) formula provided by FDA (Food and Drug Administration), a fundamental dosage for the testing samples used in this experiment is calculated to be 0.3 gkg⁻¹day⁻¹ according to the specific intake dosage of an adult. Therefore, all rat groups and testing 10 sample dosages are integrated in following table 8.

TABLE 8

5	Group	Testing Smaple	dosage (g/kg rat bw)	including bacterial count
,	С	Reverse Osmosis Water		
	0.5X	complex <i>lactobacillus</i> powder	0.15	3×10^9 CFU/g
,	1.0X	complex <i>lactobacillus</i> powder	0.3	3×10^9 CFU/g
<i>.</i>	5.0X	complex <i>lactobacillus</i> powder	1.5	3×10^9 CFU/g
	Live	pure <i>lactobacillus</i> powder	0.3	$3\times 10^{11}\mathrm{CFU/g}$
_	D-A	pure <i>lactobacillus</i> powder	0.3	3×10^{11} cells/g
5	D-B	pure <i>lactobacillus</i> powder	0.3	3×10^{12} cells/g

During 8-week experimental period, the experimental SD rats are daily fed with chow diet and administrated with the corresponding testing samples, wherein the testing samples are solved in 1.0 mL sterilized distilled water and then administrated to the SD rats by using a sterilized plastic syringe having stainless steel feeding needle.

According to following table 9, the weight of the SD rats in the groups rises with the experiment time passes; moreover, the SD rats in each of the groups have no obvious weightvariation difference.

TABLE 9

Group	Week 2	Week 4	Week 6	Week 8
C	357.84 ± 18.55	424.31 ± 25.04		508.03 ± 30.65
0.5X	359.31 ± 12.92	427.80 ± 13.70		523.54 ± 14.14
1X	364.43 ± 12.24	434.34 ± 18.27		517.61 ± 24.64
5X Live	364.43 ± 12.24 368.00 ± 8.55 352.89 ± 4.66	434.86 ± 15.18 418.33 ± 10.32	403.08 ± 18.22 473.83 ± 13.41 459.41 ± 12.47	
D-A	363.11 ± 9.41	434.93 ± 12.76	474.33 ± 15.12	531.58 ± 22.58
D-B	365.23 ± 19.19	434.36 ± 29.51	477.61 ± 29.71	532.68 ± 35.14

Moreover, According to following table 10, it can find that, the fecal dry weight of the SD rats in all experimental group is obviously greater than the fecal dry weight of the SD rats in control group after continuously feeding the testing samples to all SD rats. Thus, the experiment data of table 10 proves that, long-term intake of the complex lactobacillus powder, the pure (live) lactobacillus powder, or the dead lactobacillus powder would effectively increase the fecal dry weight of animals.

TABLE 10

Group	Week 2	Week 6	Week 8
С	8.27 ± 0.72bc	5.17 ± 0.41a	$4.61 \pm 0.69a$
0.5X	8.54 ± 0.34 cd	5.71 ± 0.34bc	5.61 ± 0.31 bc
1X	8.65 ± 0.40cd	5.95 ± 0.32cd	5.94 ± 0.24c
5X	8.97 ± 0.37d	5.60 ± 0.25bc	5.63 ± 0.25bc
Live	8.67 ± 0.40cd	5.55 ± 0.44b	5.85 ± 0.24c

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13 TABLE 10-continued

TABLE 10-continued					
Group Week 2 Week 6 Week 8					
D-A D-B	8.98 ± 0.68d 8.35 ± 0.58bc	6.23 ± 0.37d 5.85 ± 0.26bc	6.01 ± 0.43c 5.70 ± 0.18bc		

Subsequently referring to following table 11, which records the statistics counts of the C. perfringens contained by the fecal and cecum of the SD rats. Comparing to control group, the C. perfringens amount in the fecal of the SD rats in all experimental groups is obviously lower after continuously feeding the testing samples to the SD rats for 4 weeks and 6 weeks. Moreover, table 11 also reveals that the continuously 8-week feeding of the testing samples would significantly reduce the count of the C. perfringens in the fecal of the SD rats in all experimental groups. Similarly, after completing the continuously 8-week feeding of the testing samples, the count of the C. perfringens in the cecum of the SD rats in all experimental groups would be obviously reduced.

TABLE 11

	C. perfringens count in fecal (CFU/g)			C. perfringens count in cecum (CFU/g)
Group	4-Week	6-Week	8-Week	8-Week
с	$0.21 \pm 0.47b$	2.17 ± 2.89c	4.96 ± 2.77d	5.42 ± 5.07c
0.5X	$0.00 \pm 0.00a$	$0.00 \pm 0.00a$	$1.00 \pm 1.46a$	0.21 ± 0.59b
1X	0.00 ± 0.00a	$0.00 \pm 0.00a$	$0.38 \pm 0.58a$	0.00 ± 0.00a
5X	0.00 ± 0.00a	0.00 ± 0.00a	$0.83 \pm 0.99a$	0.13 ± 0.35b
Live	0.00 ± 0.00a	$0.00 \pm 0.00a$	1.29 ± 1.46ab	0.00 ± 0.00a
D-A	$0.00 \pm 0.00a$	$0.00 \pm 0.00a$	2.75 ± 2.13 bc	0.00 ± 0.00a
D-B	$0.00 \pm 0.00a$	$0.00 \pm 0.00a$	3.00 ± 1.99c	0.04 ± 0.12a

Next referring to following table 12, which records the statistics counts of the Bifidobacterium spp. contained by the fecal and cecum of the SD rats. Comparing to control group, the Bifidobacterium spp. amount in the fecal of the SD rats in all experimental groups is obviously higher after continuously feeding the testing samples to the SD rats for 4 weeks and 6 weeks. Moreover, table 12 also reveals that the continuously 8-week feeding of the testing samples would significantly enhance the count of the Bifidobacterium spp. in the fecal of the SD rats in all experimental groups. Similarly, after completing the continuously 8-week feeding of the testing 45 samples, the count of the Bifidobacterium spp. in the cecum of the SD rats in all experimental groups would be obviously increased.

TABLE 12

	Bifidobacterium spp. count in fecal (CFU/g)			<i>Bifidobacterium</i> spp. _count in fecal (CFU/g	
Group	4-Week	6-Week	8-Week	8-Week	
С	4.40 ± 0.29a	4.54 ± 0.31a	4.76 ± 0.34a	4.47 ± 0.49a	
0.5X	4.93 ± 0.30c	$5.68 \pm 0.20b$	5.98 ± 0.27cd	6.53 ± 0.57d	
1X	$5.10 \pm 0.29c$	$5.57 \pm 0.40b$	6.05 ± 0.2cd	6.76 ± 0.36de	
5X	$5.03 \pm 0.19c$	5.54 ± 0.24b	6.33 ± 0.58d	7.10 ± 0.43e	
Live	8.56 ± 0.42d	$8.59 \pm 0.28c$	8.72 ± 0.33e	$9.03 \pm 0.30 f$	
D-A	$4.82 \pm 0.38 bc$	$5.58 \pm 0.62b$	5.89 ± 0.46c	5.88 ± 0.16c	
D-B	4.87 ± 0.29 bc	5.29 ± 0.6ab	6.15 ± 0.35 cd	5.56 ± 0.34c	

Continuously, please refer to following table 13, which records the statistics counts of the Lactobacillus spp. contained by the fecal and cecum of the SD rats. Comparing to control group, the Lactobacillus spp. amount in the fecal of 65 the SD rats in all experimental groups is obviously higher after continuously feeding the testing samples to the SD rats

for 4 weeks and 6 weeks. Moreover, table 13 also reveals that the continuously 8-week feeding of the testing samples would significantly enhance the count of the Lactobacillus spp. in the fecal of the SD rats in all experimental groups. Similarly, after completing the continuously 8-week feeding of the testing samples, the count of the Lactobacillus spp. in the cecum of the SD rats in all experimental groups would be obviously increased.

TABLE 13

		Lac	<i>tobacillus</i> count i (CFU/g)	<i>Lactobacillus</i> count in fecal (CFU/g)	
15	Group	4-Week	6-Week	8-Week	8-Week
20	C 0.5X 1X 5X Live D-A	$7.40 \pm 0.16a$ $8.06 \pm 0.14b$ $8.07 \pm 0.04b$ $8.04 \pm 0.14b$ $8.29 \pm 0.32c$ $8.08 \pm 0.19b$	$8.70 \pm 0.32a$ $8.81 \pm 0.20ab$ $8.92 \pm 0.17bc$ $8.80 \pm 0.14ab$ $9.11 \pm 0.19cd$ $9.02 \pm 0.16bcd$	$9.09 \pm 0.16a$ $9.39 \pm 0.23b$ $9.64 \pm 0.28b$ $9.41 \pm 0.17b$ $9.62 \pm 0.25b$ $9.46 \pm 0.15b$	$8.15 \pm 0.39a$ $8.82 \pm 0.16bc$ $8.96 \pm 0.15bc$ $8.77 \pm 0.23bc$ $9.51 \pm 0.31d$ $8.91 \pm 0.24bc$
	D-B	8.06 ± 0.18b	9.15 ± 0.14 d	9.44 ± 0.17b	8.71 ± 0.28bc

Next referring to below table 14, which records the shortchain fatty acids (SCFAs) concentrations contained by the cecum of the SD rats. Comparing to control group, the SCFAs concentrations (including acetic acid, propionic acid and butyric acid concentrations) in the cecum of the SD rats in all experimental groups is obviously higher after continuously feeding the testing samples to the SD rats for 8 weeks, except for the SD rats in the D-B group. It is well known that, these short-chain fatty acids, especially the acetic acid, are able to lower the pH value of intestine and inhibit the growth of saprophytes in the intestine.

TABLE 14

)	Group	acetic acid (mM)	propionic acid (mM)	butyric acid (mM)
	C	25.06 ± 2.94ab	8.80 ± 0.85a	5.78 ± 1.69a
	0.5X	36.34 ± 5.04c	19.97 ± 2.13de	6.93 ± 0.57a
	1X	45.07 ± 3.78d	18.84 ± 1.66d	17.78 ± 4.79c
	5X	46.62 ± 3.00d	22.69 ± 2.71f	17.95 ± 3.98c
	Live	45.19 ± 2.01d	21.35 ± 1.02ef	14.79 ± 1.35b
	D-A	27.41 ± 4.60b	10.53 ± 1.29b	6.63 ± 1.39a
	D-B	23.39 ± 4.79a	14.51 ± 2.22c	13.26 ± 2.89b

Subsequently referring to following table 15, which ⁵⁰ records the statistics gastric lesion data of the SD rats; moreover, please simultaneously refer to the gastric wall images shown by FIG. 7. From FIG. 7 and table 15, it can find that the lesion area and the lesion index of the SD rats in C group are 4.11 mm² and 0.0635, respectively. However, after continuously feeding the testing samples to the SD rats in the experimental groups, the lesion index reducing percent of the SD rats in the experimental groups respectively reaches to 98.74%, 67.71% and 76.96 comparing with the C group. Moreover, the pH value of gastric acid, the total gastric acidity and the volume of gastric acid between the SD rat in the experimental groups and the SD rat in the control group shows no obvious discrepancy. Therefore, the experiment data of FIG. 7 and table 15 prove that, long-term intake of the complex lactobacillus powder, the pure (live) lactobacillus powder, or the dead lactobacillus powder would effectively reduce animal's gastric mucosal lesion area and lesion index.

TABLE 15

Lesion area Group (mm ²)	Total mucosal area (mm ²)	Lesion index	Volume of gastric acid (mL)	PH value of gastric acid	Total gastric acidity (mEq/L)
$\begin{array}{cccc} 0.5X & 0.37 \pm 0.29 ab \\ 1X & 0.47 \pm 0.44 ab \\ 5X & 0.07 \pm 0.10 a \\ Live & 0.06 \pm 0.06 a \\ D\text{-}A & 1.36 \pm 0.97 b \end{array}$	677.16 ± 92.39abc 780.33 ± 171.63bc 792.31 ± 162.64c 713.48 ± 94.02abc 711.03 ± 100.71abc 652.91 ± 54.00ab 638.79 ± 82.88a	$\begin{array}{c} 0.0635 \pm 0.0419 c\\ 0.0047 \pm 0.0037 ab\\ 0.0061 \pm 0.0060 ab\\ 0.0010 \pm 0.0013 a\\ 0.0008 \pm 0.0009 a\\ 0.0205 \pm 0.0147 b\\ 0.0148 \pm 0.0147 ab \end{array}$	$5.23 \pm 1.66a$ $5.10 \pm 2.34a$ $5.58 \pm 2.66a$ $6.24 \pm 1.43a$ $5.70 \pm 1.77a$	$1.82 \pm 0.65a$ $1.76 \pm 0.34a$ $1.55 \pm 0.32a$ $1.56 \pm 0.38a$ $1.69 \pm 0.40a$	73.11 ± 15.60 ab 78.69 ± 22.71 ab 86.28 ± 18.36 b 77.68 ± 11.50 ab 78.99 ± 15.18 ab 80.18 ± 15.95 ab 68.74 ± 7.67 a

Furthermore, the following table 16 records the statistics lipid peroxide data of the SD rats. From table 16, it can find that the malonaldehyde (MDA) concentration in the gastric ¹⁵ mucosal of the SD rats in C group is 23.28 μ M. However, after continuously feeding the testing samples to the SD rats in the experimental groups, the MDA concentration in the gastric mucosal of the SD rats in the experimental groups are obviously reduced. Moreover, comparing the 1.69 U/mL super-oxide dismutase (SOD) concentration in the gastric mucosal

of the SD rats in C group, the SD rats in the experimental groups been fed with the test samples are determined to include higher SOD concentrations in the gastric mucosal thereof. Therefore, the experiment data of table 16 proves that, long-term intake of the complex *lactobacillus* powder, the pure (live) *lactobacillus* powder, or the dead *lactobacillus* powder would effectively reduce animal's gastric mucosal lesion.

TABLE 16

Group	MDA conc. of stomach (μM)	SOD concentration (U/mL)	Histamine (µ/g)	PGE ₂ (pg/mg protein)
C 0.5X 1X 5X Live D-A D-B	$\begin{array}{l} 23.28 \pm 3.75d \\ 16.96 \pm 3.91b \\ 16.15 \pm 2.22ab \\ 13.46 \pm 1.76a \\ 14.90 \pm 1.31ab \\ 14.90 \pm 1.46ab \\ 20.34 \pm 2.48c \end{array}$	$\begin{array}{l} 1.69 \pm 0.17b\\ 2.59 \pm 0.20c\\ 3.22 \pm 0.62d\\ 4.20 \pm 0.39e\\ 4.29 \pm 0.59e\\ 4.07 \pm 0.79e\\ 3.36 \pm 0.93d \end{array}$	$67.24 \pm 5.35a$ $69.18 \pm 6.90a$ $74.07 \pm 8.43a$ $70.94 \pm 12.9a$ $101.93 \pm 3.46b$	3208.15 ± 21.95b

Besides, through the table 16, it can also find that, after continuously feeding the testing samples to the SD rats in the experimental groups, the histidine concentration in the gastric mucosal of the SD rats in the experimental groups are obviously reduced, and the Prostaglandin E2 (PGE₂) concentration are increased. Therefore, the experiment data of table 16 proves that, long-term intake of the complex *lactobacillus* powder, the pure (live) *lactobacillus* powder, or the dead *lactobacillus* powder would help to lower the histidine concentration and enhance the (PGE₂ concentration for animals. The above description is made on embodiments of the

⁴⁵ The above description is made on embodiments of the present invention. However, the embodiments are not intended to limit scope of the present invention, and all equivalent implementations or alterations within the spirit of the present invention still fall within the scope of the present invention.

SEQUENCE LISTING

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<400> SEQUENCE: 5

ggcaaattta aacttgcctt caacg

What is claimed is:

1. A probiotic composition containing *Lactobacillus paracasei* subsp. *paracasei* NTU 101 for ameliorating intestinal flora, reducing gastric mucosal lesion index, and decreasing histamine concentration in gastric mucosal, being a pure *lactobacillus* powder made of a *Lactobacillus* mutant;

- wherein the *Lactobacillus* mutant is a *Lactobacillus paracasei* subsp. *paracasei* NTU 101 having a nucleotide sequence of SEQ ID NO 1, and deposited with Deutsche Sammlung von Mikroorganismen and Zellkulturen GmbH (DSMZ) on Nov. 18, 2013;
- GmbH (DSMZ) on Nov. 18, 2013; 20
 wherein the accession number of the *Lactobacillus paracasei* activity activity
- wherein after administrating the pure *lactobacillus* powder by 4 g/day for 8 weeks, the count of *Clostridium perfringens* and *Bifidobacterium* spp. in human cecum would be respectively reduced and increase, so as to ameliorate intestinal flora; moreover, the gastric mucosal lesion index being simultaneously decreased by 98.74%, and the histidine concentration in human gastric mucosal being also reduced;
- wherein the viable count of the *Lactobacillus paracasei* subsp. *paracasei* NTU 101 in the pure *lactobacillus* powder is ranged from 3×10^9 CFU/g to 1×10^{11} CFU/g.

2. The probiotic composition containing *Lactobacillus paracasei* subsp. *paracasei* NTU 101 of claim 1, wherein the nucleotide sequence of the *Lactobacillus paracasei* subsp. *paracasei* NTU 101 can be formed by treating the RAPD (Random Amplification of Polymorphic DNA) and the PCR (Polymerase Chain Reaction) process to the specific primers.

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3. The probiotic composition containing *Lactobacillus* paracasei subsp. paracasei NTU 101 of claim 1, wherein when the *Lactobacillus paracasei* subsp. paracasei NTU 101 would produce lactic acid after being cultured in a culture medium containing at least one specific carbon source for at least 24 hours.

4. The probiotic composition containing *Lactobacillus paracasei* subsp. *paracasei* NTU 101 of claim 1, wherein when the *Lactobacillus paracasei* subsp. *paracasei* NTU 101 would produce lactic acid after being cultured in a culture medium containing at least one specific nitrogen source for at least 24 hours.

5. The probiotic composition containing *Lactobacillus paracasei* subsp. *paracasei* NTU 101 of claim **3**, wherein the specific carbon source is selected from the group consisting of: Glucose, Galactose, D-ribose, Xylose, Fructose, α -Lactose, Maltose, Sucrose, Trehalose, Raffinose, myo-Inositol, Sorbitol, D-mannitol, Citric acid, Dextrin, Starch, and Molasses.

6. The probiotic composition containing *Lactobacillus paracasei* subsp. *paracasei* NTU 101 of claim 4, wherein the specific nitrogen source is selected from the group consisting of: Yeast extract, Beef extract, Peptone, Soytone, Tryptose, Corn-steep liquor, Casein, Urea, Ammonium citrate, and Ammonium sulfate.

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